

Honey Sweet Tea

Yield: 2 quarts

4 cups hot water

8 green tea bags

½ cups honey

4 cups cold water

½ orange, cut into wedges

½ lemon, cut into wedges

½ lime, cut into wedges

1. Bring 4 cups water to a boil in a medium saucepan; add tea bags. Boil 1 minute; remove from heat. Cover and steep 10 minutes. Remove and discard tea bags.
2. Stir in honey. Pour into a 2 quart pitcher; stir in 4 cups cold water and orange, lemon, and lime wedges.

Nutrition Values

Calories	68
Fat	0 g
Cholesterol	0 mg
Calcium	4 mg
Carbohydrate	18.6 g
Sodium	1 mg
Protein	0.1 g
Fiber	0.3 g
Iron	0.1 mg