

2016 Educational Programs Orange County HCE Association

Meeting Schedule: Orange County HCE meets the 1st Tuesday of the month at 10 AM Extension Center.
Williamsburg meets the 2nd, 3rd, & 4th Wed., at the Sunnyside Club House, 9:30 AM - 11 AM
to work on Community Outreach Projects.

Renaissance HCE meets on the 3rd Wednesday of the month, 10 AM and
Renaissance Wellness meets on the 4th Wednesday of the month, 11 AM.

Date	Program Title	Presenter	Special Notes
January 5	Healthy Tips for the Diabetic	Jamila Adams Extension Agent	90 th birthday for Doris
February 2	Fiberlicious: Overnight Non-Cook Steel Cut Oatmeal	LuAnn Duncan Extension Agent	Mary Sue may help teach since she has made these
March 1	Don't be a Victim to Scams	Laura Lang Sheriff's office	Linda Jackson
April 5	Closing Your Seasonal Florida Home	Mary Sue Kennington Extension Agent	
May 3	Butterfly Gardening	Kelly Greer Extension Agent	
June-August	NO HCE MEETINGS SUMMER BREAK		
September 6	Feeding Those with Food Allergies	Jamila Adams	
October 4	Fall prevention: a look at balance, focus and fitness	Not confirmed - may not be offered due to State Conference	Linda Jackson
November 1	Agriculture and Urban Wildlife in Orange County	Dennis Mudge Extension Agent	Not confirmed - tentative
December 6	What brings you Joy during the Holidays?	Roundtable lesson	